

This week at INBC... September 29, 2017



Vein Drain!

Our 24 hour blood drive is approaching and we are looking for volunteers!

If you are interested in decorating or helping with this fun event contact:

Debra Smith – 509-232-4433

Epicurean Delight has been awarded the best charity event in both 2016 and 2017 Inlander Reader's Poll. With several charity events in Spokane, we were excited and humbled to receive this award again. Without you we could never make this event possible. So thank you, volunteers for helping us put on the best gala in the city!

More than 100 volunteers give over 700 hours to make Epicurean Delight possible. This year, Epicurean Delight is Friday, November 10, 2017, Spokane Convention Center- We hope you will consider volunteering for this event!

Set-up and Prep-work – Wednesday, November 8, 3:00 PM-7:00 PM

Set-up and Prep-work—Thursday, November 9, 7:00 AM– 7:00 PM

Day of Set-up– Friday, November 10, 7:00 AM– 1:00 PM

Evening Event– Friday, November 10, 5:00 PM-12:00 Midnight

Please contact us if you are interested in volunteering for this event



The following opportunities are coming up and help is needed!



Couriers, Couriers Couriers!!! Check the schedule

10/2 Newport High School

10/4 University High School (123 donors expected!)

10/4 University High School courier

Every Friday INBC Spokane 7:00 AM– 11:00 AM

Your greatness is not what you have, it's what you give.

Your Community Outreach Team:

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Volunteering is no *Dist* sized act.